



HEALING TOUCH OF SKILFUL HANDS AND THE SWEET SCENT OF COCONUT...

An over water pathway leads to another world, a haven of restoration and rejuvenation inspired by the natural beauty and serenity. Incorporating the latest holistic therapies and natural ingredients, we invite you to embark upon your own personal journey of self-discovery, specifically tailored to your own individual needs in the sanctuary of the spa.

A spa surrounded by the aquamarine colours of the ocean of Calamian Group of Islands, combined with inspired holistic treatments and healing touch of skilful hands.

Kapuruan Spa by Huma creates a perfect harmony between state of the art holistic treatments that embrace the restorative powers of indigenous ingredients. Indulge in treatments from around the world or experience the timeless traditions of the Philippines.

Kapuruan - “kapūr/wan” is a Cuyonon (Busuanga dialect) word meaning secluded place.



All prices are subject to 12 % VAT.



## KAPURUAN SIGNATURE THERAPIES

Pamper yourself with a rejuvenating massage from healing traditions around the world. French authentic ingredients from Provence are fused with traditional therapies to offer a true voyage of senses.

### **Calamansi Body Massage**

Calamansi is widely known in Southeast Asian countries for its health benefits. With alkaline properties present in the peel and juices of the fruit, Calamansi is a perfect ingredient that has been served as a beauty secret of Philipino women. Smoothing massage combined with zesty flavour will re-energize your body and mind.

**(60 mins).....Php 5000+**

### **Complete Calamansi Getaway**

This treatment includes 60 min of gentle massage, followed by 30 mins of body scrub and 30 mins of whole body wrap. Experience the freshness of calamansi together with the massage, the body scrub will effectively remove dead cells, stimulate micro-circulation and prepare the skin to gain the most benefits from the wrap.

**(120 mins).....Php 8,500+**

### **Calamansi Indulgence**

Restore your energy and relax your mind. Have whole body massaged and your skin softened. Combination of our massage, scrub and wrap, followed by delicious Calamansi Jacuzzi bath will let you plunge into sweet and sour indulgence.

**(180 mins).....Php 10,000+**

### **Traditional Filipino Hilot**

Warm coconut oil will be used during the massage, and banana leaves will be placed over your body to detect areas of energy imbalance and blockage. This authentic massage uses ancient diagnostic methods that have been passed down through generations of Philippine culture.

**(90 mins.).....Php 6,500+**



## BODY MASSAGE

### **Relaxing Aromachologie Massage**

Swedish effleurage, Chinese acupressure and Balinese massage technique come together to stimulate circulation, ease tension & relieve stress. The body and mind feel truly calm; sleep can come easier.

**(60 mins.).....Php 5,000+**

**(90 mins).....Php 6,500+**

### **Revitalizing Aromachologie Massage**

The Revitalizing Body Massage combines gentle Swedish effleurages, deeper-pressure Lomi Lomi and Balinese movements with the invigorating blend of mint, pine and rosemary essential oils. First, the massage focuses on the left side of the body, the side of the heart, to gently stimulate the acupuncture meridians from head to toe. Then the right side is treated to ultimately release all the energy from the body. Feelings of fatigue or weakness simply disappear!

**(60 mins.).....Php 5,000+**

**(90 mins).....Php 6,500+**

### **Deep Tissue Intense Relief**

This protocol combines Hawaiian Lomi Lomi massage, acupressure and gentle stretching. A deep-tissue massage and soothing essential oils ease muscular tension, with a focus on the back, shoulders and nape of the neck. Perfect for re-cuperating after a long journey.

**(60 mins).....Php 5,000+**

**(90 mins).....Php 6,500+**

### **Almond Detoxifying Balance**

Inspired by Lymphatic Drainage massage techniques, this treatment boosts circulation and promotes elimination of toxins & excess water. As a result, your body feels lighter & invigorated.

**(60 mins).....Php 5,000+**

**(90 mins).....Php 6,500+**



## BODY THERAPIES

### **Almond Detoxifying Body Wrap**

An expert body wrap to tone the skin, simulate fat release and promote toxins' elimination. Almond tree bud extract rich in flavonoids to drain excess fluids is associated to a plant-based complex and almond proteins to firm and redefine body contours. While the wrap is on, a relaxing foot and scalp massage promotes a feeling of complete well-being.

**(45 mins.).....Php 3,375+**

### **Shea Ultra Moisturizing Body Wrap**

Repairing care for very dry sun-damaged or overworked skin...While the entire body soaks up active ingredients that nourish (shea butter and grape seed oil), moisturize (honey extracts) and soften (kaolin), a foot and scalp massage ensures a moment of pure relaxation.

**(45 mins.).....Php 3,375+**

### **Shea Nourishing Scrub**

This scrub offers gentle, yet effective exfoliation. It helps eliminate dead cells, while preventing skin from becoming dehydrated. Formulated with creamy base, it contains 10% Shea Butter, apricot oil and ground nutshells. It intensively nourishes and protects the skin and helps to restore the hydrolipidic film.

**(45 mins.).....Php 3,375+**



### **Almond Firming Paste Scrub**

A whole body exfoliation performed with Almond Delicious Paste, a blend of almond butter and almond oil, infused with crushed almond shells and sugar crystals, offers a gentle exfoliation and effectively treats skin by eliminating dead cells refining its texture.

**(45 mins).....Php 3,375+**

## FACIAL CARE

Our professional therapists will select the most suitable treatments based on your concerns to rebalance your body and mind for the true voyage of the senses.

### **Immortelle Secret to Youth**

A treatment rich in organic immortelle essential oil to stimulate cell renewal and collagen synthesis. The technique: a lifting and firming massage combined with stimulation of acupressure points, to improve microcirculation and relieve muscular tension responsible for fine lines.

**(60 mins).....Php 5,600+**

### **Shea Nourishing Comfort**

Produced by the women of Burkina Faso using traditional methods, Shea butter repairs, moisturizes and restores balance to dry or overworked skin.

Massage further heightens these properties and stimulates microcirculation.

**(60 mins).....Php 5,300+**

## AREA FOCUSED TREATMENTS

### **Shea Ultra Softening Hand Care**

A softening hand mask and massage using pure Shea butter. An extra 25 minutes of your time is all it takes for nourished, protected, soft and beautiful hands.

**(25 mins).....Php 1,480+**



### **Leg Refresher with Essential Oils**

A treatment for summer or traveling, for rough feet and heavy or restless legs. For the legs: a massage that stimulates drainage. For the feet: a massage with Shea butter to nourish the skin.

**(45 mins).....Php 3,375+**

## BATH

### **Relaxing Bath**

A bath provides a delicious and relaxing prelude that leaves the skin and the mind perfectly prepared and truly receptive to the benefits of a treatment. The bath ritual includes a shoulder and neck massage and fragrant refreshment.

- **Shea Softening Bath**
- **Soothing Bath with essential Oils**

**(25 mins).....Php 1,765+**