



# HILOT SPA

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Retreat to the resort's spa village to get the pampering you crave for, where it is our mission to give you the rejuvenation you deserve. With Zen-like ambience of bamboo grass, stoned path and the soothing aroma of massage oils, it is a complete place of serenity. The relaxing spa village specializes in authentic Filipino massage known as 'Hilot'. The spa village features 6 massage rooms for individual massages and 2 rooms for couples. With our experienced therapists at your disposal, you'll leave the village revitalized.

## ● IN-ROOM MASSAGE

In-room massage is available. Kindly be advised that not all treatments can be done in the guest rooms. Note that an additional 20% will be charged for in-room massage treatments.

Treatments available In-room:

- Swedish
- Shiatsu
- Combination
- Foot Reflex
- For Him package (Swedish full body massage + foot reflex)

## ● CANCELLATION POLICY

Atleast two (2) hours in advance for cancellation or re-appointment notification is required for all services to avoid 50% cancellation fee.

## ● ARRIVAL

Please arrive early 15 minutes prior to your scheduled treatment time. A late arrival means less treatment period of time.

## ● LATE ARRIVAL

Arriving late will limit the period of your treatments so the next guest is not delayed. However, if there is no guest following your period, you could enjoy the full duration of your treatment.

Hilot Spa is open from 10:00 AM to 11:00 PM

For information or reservation, please dial 1106 or press Hilot Spa express key

# Massage

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## The Hilot

⊙ 90 minutes • Php 2,400.00

This ancient ritual of Filipino therapeutic massage releases tension in the muscles and joints while harnessing the beneficial properties of heated banana leaves, warm virgin coconut oil combined with the healing properties of bamboo.

## Shiatsu

⊙ 60 minutes • Php 1,450.00

This traditional Dry Japanese massage involves applying finger pressure along your energy channels to balance the body's energy, reduce fatigue and promotes overall rejuvenation. This dry massage can be performed over loose and comfortable clothing.

## Aromatic

⊙ 60 minutes • Php 1,700.00

Savor this aromatic massage, with your choice of essential oils to release tension for an overall feeling of well being and relaxation. This massage is particularly suited for conditions involving stress and improving emotionally related conditions.

### Essential Oils:

Lavender – Calming

Lemongrass - Cleansing

Eucalyptus – Energizing and Decongestant

## Swedish

⊙ 60 minutes • Php 1,400.00

This full body massage stimulates blood circulation and soothes tense muscles. Light to Medium in pressure with long soothing strokes, kneading strokes and small circular strokes, to relieve stress. Recommended for first timers.

## Combination

⊙ 60 minutes • Php 1,450.00

To enrich your massage experience, we've combined the 2 most popular massage styles, the Shiatsu and the Swedish.

## Herbal Ball

⊙ 90 minutes • Php 2,100.00

Packed with natural herbs to combat stress, the heated herbal balls are pressed along the acupuncture zones of the body.

## Hot Stone

⊙ 90 minutes • Php 2,600.00

Heated, smooth stones are placed on certain points on the body to warm and loosen tight muscles, balance energy centers in the body and promote deep relaxation. Hot stones expand blood vessels to encourage blood flow throughout the body. Good for people who have muscle tension, pain and stress.

# Foot Massage

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## Foot Reflex

⊙ 60 minutes • Php 1,100.00

Based on Chinese belief, the foot mirrors the body's systems. This treatment massages specific foot reflex points in order to assist the relief of stress and tension, improve circulation and to restore the body's natural balance.

## Foot Spa

⊙ 60 minutes • Php 1,200.00

This treatment begins with a warm peppermint soak, followed by an exfoliating scrub and file and a relaxing foot massage concentrating on the pressure points of the feet to help rejuvenate tired, painful muscles from your soles to the tips of your toes.

# Facials

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## Algotherm Balancing

⊙ 60 minutes • Php 1,500.00

Cleanse, exfoliate pores, facial massage, Purifying Mask to regulate sebaceous secretion and excretion. Deeply clean pores and restore your confident radiance. Regulating sebum while hydrating epidermis. The alluring scent and the facial massage combine to offer a true relaxation. Your skin is purified and your complexion regains its freshness.

## Algotherm Moisturizing

⊙ 60 minutes • Php 1,650.00

Cleanse, exfoliate, facial massage, Moisturizing Mask to moisturize skin. Deeply cleanse your skin for an excellent hydration that your skin craves for.

## Algotherm Anti-aging

⊙ 60 minutes • Php 1,850.00

Cleanse, exfoliate, facial massage, Tensing Mask for a skin firming action. Refresh your skin to enjoy the firming and moisturizing benefits of ALGONATIVE anti-aging products.

## Algotherm Soothing

⊙ 60 minutes • Php 1,750.00

Cleanse, exfoliate, facial massage, soothing mask. An effective way to quickly calm your skin and to boost your skin's tolerance to sensitive agents.

# Body Treatments

## Marine Purity

⊙ 60 minutes • Php 2,150.00

This marine body scrub gently removes dead cells. Rich in minerals and seaweeds (Laminaria, spirulina and Lithothamnium), this scrub cleans off impurities and leaving skin clean, remineralized, soft and regenerated.

## Strong and Salty

⊙ 60 minutes • Php 1,650.00

The particularity of the exfoliating sea salts is to mix different size of salts to optimize the scrubbing and penetration of actives that relieves tiredness and eliminates toxins. Mixed with the seaweed marine oil, the salts roll on the skin without irritations. Large salts exfoliate the dead cells while the fine salts smoothen out all imperfections.

## Yogurt and Vanilla Nourishing Body Wrap

⊙ 90 minutes • Php 2,220.00

The treatment starts with a yogurt mousse wrap to help hydrate and improve the skin's capacity to retain water, as well as help stimulate metabolism. A relaxing massage using coconut, oats and vanilla phytomiik is then slathered all over your body. Resulting in a more moisturized, satin skin. Treatment is best for dehydrated skin due to the sun's exposure.

*\*All products used in this treatment contains thermal water from the Spanish Pyreemees mountains and the Swiss Alps mountains. With anti-aging, anti-allergenic, anti-oxidant properties. All products are hypoallergenic, non comedogenic and good for sensitive skin.*

## Fangotherapy Mud Wrap

(Pain relief – muscle relaxation – remineralization)

⊙ 60 minutes • Php 3,050.00

Deep cleansing to remove dead cells before application of highly mineralized Marine mud from Mont Saint Michel that treats specifically muscular pain and arthritis. This unique therapeutic cataplasm on the affected areas softens the skin, reduces tensions and energizes the body. Complete with an application of moisturizer for a soften and nourished skin.

The sedimentary deposits in the Bay of Saint Michael's Mount, which benefit from the highest tides in Europe, are extremely fine and constitute clays which are naturally rich in sulphur and trace elements. This body wrap made of this natural mud is perfectly tolerated by the skin and is deeply detoxifying. This treatment provides your organism all the mineral elements needed for your well-being and is recommended to relax the muscles, revitalize the organism and sooth pain.

## Honey, Coconut and Vanilla Regenerating Body Scrub

⊙ 90 minutes • Php 2,220.00

Honey has soothing properties while coconut shell fibers are strong but soft enough for exfoliation. The treatment follows a relaxing massage using oats and phytomiik that moisturizes the skin while the vanilla scent is good for relaxation. Perfect treatment for pre and post beach trips.

*\*All products used in this treatment contains thermal water from the Spanish Pyreemees mountains and the Swiss Alps mountains. With anti-aging, anti-allergenic, anti-oxidant properties. All products are hypoallergenic, non comedogenic and good for sensitive skin.*

# Packages

## The Signature Package

⊙ 2 hours • Php 3,120.00

Treatments:

The Hilot + Honey, Coconut and Vanilla Regenerating Body Scrub

## For Her

⊙ 1½ hour • Php 2,435.00

Treatments:

Aromatic Full Body Massage + Algotharm Anti-aging Facial

## For Him

⊙ 1½ hour • Php 1,600.00

Treatments:

Swedish Full Body Massage + Foot Reflex

## Double

⊙ 1½ hour • Php 4,000.00

Treatments:

Choice of Swedish or Combination + Strong and Salty Body Scrub

*Treatment Price is good for Two (2)*

## Royal Duo

⊙ 4 hours • Php 6,700.00

Treatments:

The Hilot + Strong and Salty Body Scrub + One (1) Algotharm Balancing Facial + One (1) Foot reflex + Jacuzzi Soak

*Treatment Price is good for Two (2)*

## Warmth

⊙ 2 hours • Php 3,680.00

Treatments:

Hot Stone with Full Body Massage + Fangotherapy Mud Wrap

## Others

Sauna/Steam/Jacuzzi • P550.00

Additional 30 minute massage • P800.00

Use of Couple's Room with Jacuzzi • Add P1,000.00/hour